

PFLAG BUFFALO/NIAGARA

Parents, Families, Friends, And Allies United with LGBTQ People

**There is no Sharing Meeting in
December.
We wish you Safe and Happy Holidays.**



If you need us, we are here for you. Please call our Helpline at 883-0384. You may also write to us at info@pflagbuffalo.org Our helpline is the quicker way. All calls will be returned within 48 hours.

In addition, outside of our monthly group sharing/support meeting, New Parent Virtual Meetings can be scheduled for those in need of support and information between monthly meetings. Call our Helpline to request a meeting. Please reach out. We are here for you.

**PFLAG Buffalo/Niagara
P.O. Box 617
Buffalo, New York 14207**

**Helpline-883-0384
info@pflagbuffalo.org
www.pflagbuffalo.org
www.facebook.com/pflag.niagara**

We meet because we have learned someone close to us is gay, lesbian, bisexual, or transgender. We try to help one another deal with this information in a positive manner. Although we do not always agree, we try to be understanding. We offer help to those who seek it, but do not force ourselves on others. We strive to maintain anonymity while sharing on a level that is comfortable.

BOOK CORNER



We want to share a great resource from PFLAG New York City. They compiled a great list of books, all LGBTQ+ related. Please check out these titles; clicking on them may lead to Amazon or cut and paste if not.

Families

This Is a Book for Parents of Gay Kids: A Question & Answer Guide to Everyday Life

Dannielle Owens-Reid and Kristin Russo
Chronicle Books, 2014

Is It a Choice?: Answers to 300 of the Most Frequently Asked Questions About Gay and Lesbian People

Eric Marcus
HarperOne, 2005

Always My Child: A Parent's Guide to Understanding Your Gay, Lesbian, Bisexual, Transgendered, or Questioning Son or Daughter

Kevin Jennings
Fireside, 2002

Out of the Closet, Into Our Hearts

Laura Siegel and Nancy Lamkin Olson, ed.
Leyland Publications, 2001

Beyond Acceptance: Parents of Lesbians and Gays Talk About Their Experiences

Carolyn Welch Griffen, et al
St. Martin's Griffin, 1997

Now That You Know: A Parents' Guide to Understanding Their Gay and Lesbian Children

Betty Fairchild and Nancy Hayward
Harvest Books, 1998

Coming Out, Coming Home: Helping Families Adjust to a Lesbian or Gay Child

Michael C. LaSala, Ph.D.
Columbia University Press, 2010

Side by Side: On Having a Gay or Lesbian Sibling

Andrew R. Gottlieb
Routledge, 2004

Love, Ellen: A Mother/Daughter Journey

Betty Degeneres
Harper Paperbacks, 2000

My Child Is Gay: How Parents React When They Hear the News

Bryce McDougall, Ed.
Allen & Unwin, 2007

Something to Tell You

Gilbert Herdt and Bruce Koff
Columbia University Press, 2000

Straight Parents, Gay Children: Keeping Families Together

Robert A. Bernstein, Robert MacNeil and Betty DeGeneres
Da Capo Press, 2003

Helping Your Transgender Teen: A Guide for Parents

Irwin Krieger
Genderwise Press, 2011

Different Daughters: A Book by Mothers of Lesbians

Louise Rafkin
Cleis Press, 2001

My Son Eric: A Mother Struggles to Accept Her Gay Son and Discovers Herself

Mary V. Borhek and Christine M. Smith
Pilgrim Press, 2001

Finding Out: The ABC's of Same Sex Relationships

Homer and Sue Spencer
Fithian Press, 2002

The Family Heart: A Memoir of When Our Son Came Out

Robb Forman Dew
Fawcett Books, 1995

Prayers for Bobby: A Mother's Coming to Terms With the Suicide of Her Gay Son

Leroy Aarons
Harper San Francisco, 1996

Parenting & Raising Children

How Homophobia Hurts Children: Nurturing Diversity at Home, at School and in the Community

Jean M. Baker, Ph.D.
Routledge, 2002

Coming Out

Outing Yourself: How to Come Out to Your Family, Friends and Co-Workers

Michelangelo Signorile
Fireside, 1996

The Way Out: The Gay Man's Guide to Freedom

Chris Nutter
HCI, 2006

Crisis: 40 Stories Revealing the Personal, Social, and Religious Pain and Trauma of Growing Up Gay in America

Mitchell Gold and Mindy Drucker
Greenleaf Book Group, LLC, 2008

The Velvet Rage: Overcoming the Pain of Growing Up Gay in a Straight Man's World

Alan Downs
Da Capo Press, 2006

Transgender Topics

Transgender 101: A Simple Guide to a Complex Issue

Nicholas M. Teich
Columbia University Press, 2012

Trans Forming Families: Real Stories About Transgendered Loved Ones

Jessica Xavier, Mary Boenke and Arlene Istar Lev
Oak Knoll Press, 2003

Transgender Explained For Those Who Are Not

Joanne Herman
AuthorHouse, 2009

Transitions of the Heart: Stories of Love, Struggle and Acceptance by Mothers of Transgender and Gender Variant Children

Rachel Pepper, ed.
Cleis Press, 2012

She's Not There: A Life in Two Genders

Jennifer Finney Boylan
Broadway, 2004

Becoming a Visible Man

Jamison Green
Vanderbilt University Press, 2004

True Selves: Understanding Transsexualism - For Families, Friends, Coworkers and Helping Professionals

Mildred L. Brown and Chole Ann Rounsley
Jossey-Bass, 2003

Gender-Expansive/Gender Non-Conforming Children

The Gender Creative Child: Pathways for Nurturing and Supporting Children Who Live Outside Gender Boxes

Diane Ehrensaft, PhD
The Experiment, 2016

Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children

Diane Ehrensaft, PhD
The Experiment, 2011

The Transgender Child: A Handbook for Families and Professionals

Stephanie A. Brill and Rachel Pepper
Cleis Press, 2008

LGBT Families & Parenting

Journey to Same-Sex Parenthood: Firsthand Advice, Tips and Stories from Lesbian and Gay Couples

Eric Rosswood
New Horizon Press, 2016

Families of Value: Intimate Profiles of Pioneering Lesbian and Gay Parents

Robert Bernstein
Da Capo Press, 2009

The Complete Lesbian and Gay Parenting Guide

Arlene Istar Lev
Berkley Trade, 2004

Children of LGBT Parents

Families Like Mine: Children of Gay Parents Tell It Like It Is

Abigail Garner
Harper Paperbacks, 2005

Love Makes a Family: Portraits of Lesbian, Gay, Bisexual, and Transgender Parents and Their Families

Gigi Kaeser, Peggy Gillespie, Kath Weston and April Martin
U. of Massachusetts Press, 1999

Out of the Ordinary: Essays on Growing Up With Gay, Lesbian, and Transgender Parents

Noelle Howey, Ellen Samuels, Margarethe Cammermeyer and Dan Savage
Stonewall Inn Editions, 2000

How It Feels to Have a Gay or Lesbian Parent: A Book by Kids for Kids of All Ages

Judith E. Snow
Routledge, 2004

Books for Children

Heather Has Two Mommies: 20th Anniversary Edition

Leslea Newman and Diana Souza
Alyson Books, 2009

How Would You Feel If Your Dad Was Gay?

Meredith Maran
Alyson Books, 2000

And Tango Makes Three

Peter Parnell
Simon & Schuster Children's Publishing, 2005

Who's in a Family?

Robert Skutch
Tricycle Press, 1997

Books for Teens

What If Someone I Know Is Gay?: Answers to Questions About What It Means to Be Gay and Lesbian

Eric Marcus
Simon Pulse, 2007

Free Your Mind: The Book for Gay, Lesbian, and Bisexual Youth and Their Allies

Ellen Bass and Kate Kaufman
Harper Perennial, 1996

GLBTQ: The Survival Guide for Queer and Questioning Teens

Kelly Huegel

Free Spirit Publishing, 2003

Fiction for Teens

The Vast Fields of Ordinary

Nick Burd

Dial, 2009

Boy Meets Boy

David Levithan

Knopf Books, 2005

Annie on My Mind

Nancy Garden

Farrar, Straus and Giroux, 2007

Deliver Us from Evie

M.E. Kerr

HarperTeen, 1995

History & Society

Making Gay History: The Half Century Fight for Lesbian and Gay Equal Rights

Eric Marcus

Harper Paperbacks, 2002

Conduct Unbecoming: Gays and Lesbians in the U.S. Military

Randy Shilts

St. Martin's Griffin, 2005

Positively Gay: New Approaches to Gay and Lesbian Life

Betty Berzon and Barney Frank

Celestial Arts, 2004

Religion

God and the Gay Christian: The Biblical Case in Support of Same-Sex Relationships

Matthew Vines

Convergent Books, 2015

Judaism and Homosexuality: An Authentic Orthodox View

Rabbi Chaim Rapoport

Mitchell Vallentine & Company, 2004

What the Bible Really Says About Homosexuality

Daniel A. Helminiak, Ph.D.
Alamo Square Distributors, 2000

Do's & Don'ts of Dealing with the Religious Right

Marc Adams and Todd Tuttle
Window Books, 2000

Stranger at the Gate: To Be Gay and Christian in America

Mel White
Plume, 1995

Please print or save this list for future reference. We thank PFLAG NYC for compiling this fine resource list.

GENEROUS DONATION RECEIVED FROM LOCAL FOUNDATION



In October, PFLAG Buffalo/Niagara was the recipient of a grant from the ***Colligan Family Fund*** at the Community Foundation for Greater Buffalo.

We are so thankful for this very generous gift. These monies will help fund our third scholarship, The Elizabeth "Babs" Conant Scholarship.

Each year we have had more applicants for our two scholarships, and now we will be able to reward an additional senior. We are very happy to be able to do so, and thank you to the ***Colligan Family Fund*** for making this possible.

This is not the first time this group has helped keep PFLAG strong. We are so grateful to have such support behind us, especially during these challenging times.

We thank all involved with this grant for their generosity and kindness.

No tangible goods, services, or benefits were provided in exchange for this grant.

PFLAG National has a wonderful website. The www.pflag.org site is very extensive and we will focus on a sliver of it in the next few months.

Scavenger Hunt Worksheet #2



Please follow the steps.

Please go to pflag.org's home page.

- A. As we did last month, let's start with "Our Priorities".**
- B. Follow the "Safe Communities" link and you will find three topics.**
- C. Please peruse the "Faith Resources for Muslims".**
- D. Then check out the material in the "Ten Ways to Make Schools Safe".**

This hunt focused on perusing information. There is no more work to do for this assignment; we believe you have discovered much as you read just some of this page's offerings. Please explore more on your own!

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PFLAG Buffalo/Niagara is a 501(c)(3) **nonprofit** organization.