

PFLAG BUFFALO/NIAGARA

Parents, Families, Friends, And Allies United with LGBTQ People



**We will hold our January Sharing
Meeting
via Zoom.
Sunday, January 17th
2:30-4:00**

*Please leave contact information at
883-0384 at least 24 hours before the meeting. You will
be sent the meeting codes. Please call if you need support
with Zoom as well.*

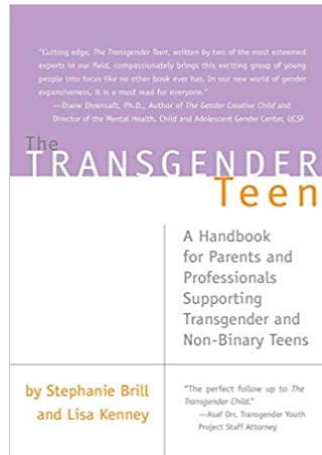
In addition, outside of our monthly group sharing/support meeting, New Parent Virtual Meetings can be scheduled for those in need of support and information between monthly meetings. Call our Helpline to request a meeting. Please reach out. We are here for you.

PFLAG Buffalo/Niagara
P.O. Box 617
Buffalo, New York 14207

Helpline-883-0384
info@pflagbuffalo.org
www.pflagbuffalo.org
www.facebook.com/pflag.niagara

We meet because we have learned someone close to us is gay, lesbian, bisexual, or transgender. We try to help one another deal with this information in a positive manner. Although we do not always agree, we try to be understanding. We offer help to those who seek it, but do not force ourselves on others. We strive to maintain anonymity while sharing on a level that is comfortable.

BOOK CORNER



Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens by Stephanie A. Brill and Lisa Kenney

This highly rated book on Amazon may interest you or your loved ones. There is also a workbook available. Please follow or cut and paste this link to read more about this month's highlighted book.

https://www.amazon.com/Transgender-Teen-Professionals-Supporting-Non-Binary/dp/1627781749/ref=sr_1_3?dchild=1&keywords=how+to+raise+a+transgender+teen&qid=1606827130&sr=8-3

If you missed the resource list from last month's newsletter, please go to pflagbuffalo.org and read the December newsletter for a very comprehensive list of books.

WHAT CAN YOU FIND AT PFLAG.ORG THAT CAN HELP YOU?



Explore the *PFLAG National* website with us. Every month we have been highlighting our parent organization's site, a wonderful resource. We have been giving "assignments." We believe you will be pleasantly surprised at the various and many ways the site can inform and support you.

This month's assignment is to attend PFLAG Academy Online to find out what it has to offer. Do not worry! No charge, no homework, and no drills! Just find out the videos that are offered. So many! So many helpful topics!

Your assignment should you choose to accept it:

1. Visit www.pflag.org
2. Though the introductions states the Academy is for members, anyone can attend! Note, some chapters have paying members, but we do not.
3. Click on "Our Work." Then follow to PFLAG Academy Online and browse the titles.
4. Make a mental note of how many of the options interest you. Note the variety of topics!
5. Open one that interests you the most. Listen to the recorded "class." These were offered live to chapters and recorded for later use, more like a podcast and available for all.
6. Feel free to write us at info@pflagbuffalo.org and let us know about your experience attending "PFLAG Academy!" Please return there often or as needed.
7. We hope this assignment helped to familiarize you with more that www.pflag.org has to offer!

Officers

Julie Christiano, President Lisbeth Ball, Secretary David Barrett, Treasurer

Directors

Sharon Barrett and Kathy Klopp

PFLAG Buffalo/Niagara is a 501(c)(3) **nonprofit** organization.